

Open to Kids ages 5-13 years  
Ages 5-7

- 1/4-mile run
- 1-mile bike
- 1/4-mile run

Ages 8-10

- 1/2 mile run
- 2-mile bike
- 1/2-mile run

Ages 11-13

- 3/4-mile run
- 2-mile bike
- 3/4-mile run



**Sunday, July 22, 2018 12:30pm**  
**Ashland Bay Days Festival Weekend~ Bayview Park**  
**US Highway 2 ~Ashland WI 800-284-9484**  
**www.cheqbaysprint.com**

Sponsored by:

*Find yourself next to the water.*

**ASHLAND**



**Due to the work at the Bayview Beach Dock, this year's race will be a Duathlon.**

**The Little Minnow Duathlon! Open to kids ages 5-13 years old.**  
**Due to the work at the Bayview Beach Dock, this year's race will be a Duathlon.**

- **Packet pick-up and registration:** Friday, July 20, 4-8pm, Saturday, July 21, 9am-8pm at the Ashland Chamber Tent at Bay Days
- **Late Packet Pick-up** Sunday, July 22 11am-12pm at Bayview Park. Race starts 12:30pm, rain or shine.
- **Race Fees: Until June 30: \$23.00 July 1-21: \$27.00 NO RACE DAY REGISTRATION**  
*Take \$2 off per participant if 3 or more kids from one family register for the kids triathlon. "Kids equal dependent children in the family of the parents signing the waiver."*
- **Everyone Receives a Medal!!! Everyone Receives a Shirt!!!**
- **Awards Ceremony:** Awards will be presented to 1st & 2nd & 3rd Place winners both male and female in each age category after ALL participants have finished.
- **Finish Line food available & water stations on the course.**
- **This event will not be timed.**

### Little Minnow Kids' Duathlon Registration Form

**One registration per person**

Sunday, July 22, 2018 12:30pm

Racer Name \_\_\_\_\_ Telephone \_\_\_\_\_  
 Street \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_  
 Male \_\_\_\_\_ Female \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Kid's Shirt Size (S, M, L, XL)  
 Email address \_\_\_\_\_

**Race Fees: Until June 30: \$23.00 July 1-21: \$27.00**

Please read and fill out the information below. This is very important and your child can't compete without this waiver.

#### Waiver & Release from Liability

Warning: Participating in the Little Minnow Duathlon can be a serious threat to health of individuals who are not in excellent physical condition. For, and in consideration of, my child's participation in the Little Minnow Duathlon, I, my child, my executors, administration, heirs, and assignees do hereby release and discharge the Ashland County, City of Ashland, Ashland Chamber of Commerce and all sponsors, agencies, subsidiaries, affiliates and beneficiaries jointly and severally and hold and waive harmless from and against any and all actions, claims, injuries, demands, liabilities, loss damage or expenses or whatever kind and nature including, but not to limit to, attorney fees which at any time may be incurred by reason of my participation in or my preparation for any of the afore said events. I attest and verify that I have full knowledge of the risks involved, to my child, in this event and is physically fit and sufficiently trained to participate. If however, as a result of my child's participation in the Little Minnow Triathlon they require medical attention, I hereby give my consent to authorized medical personnel of Little Minnow Duathlon to provide such medical care as it is deemed necessary by such authorized personnel. The undersigned grant full permission to any and all foregoing use to his/her likeness, including photographs and videotape for publicity and advertising purposes without compensation.

Parent or Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**No refunds or transfers of entries•Make checks payable to Little Minnow Duathlon**  
**Mail to P.O. Box 746—Ashland, WI 54806**