

Chick-uamegon



Chick-uamegon Women's 5k/10k Walk/Run November 10, 10am In Beautiful Ashland, Wisconsin On Chequamegon Bay

Spend the whole day at the Garland City Women's Expo at the Bretting Community Center next to Railyard Park
Presentations, Retail Vendors, Zumba, Food, and Fun!

Sponsored by the Ashland Area Chamber of Commerce Chamber Girls!

This all female event features a 5K & 10K race running through beautiful Ashland. You'll run past many of Ashland's landmarks. Registration, race start, and race finish are at the Railyard Park in Ashland adjacent to the Bretting Community Center. Persons under 18 years of age must have a parent's signed consent.

Race start at 10am November 10th, rain or shine (or snow...chilled chick-uamegon)

Pre-Registration is the way to go~ Receive a up to \$8.00 discount by registering early!

Registration and bib pick-up: Saturday, November 10th 9am—9:30am at the Railyard Park Pavilion / Tent

- **Race Fee:** \$18 after October 31st Race day \$23.00 (shirt not included).
- **T-Shirts:** Not available at this time.
- **Awards Ceremony:** Awards will be presented after all runners are in. Awards will be given to 1st, 2nd, and 3rd place in the 5k and 10k Run only.
- **All finishers** receive a finisher's medal!
- **Prize** to the top three Blingiest Chicks!
- **Three** Drawings for the Walker Finishers (must be present to win) after the race.
- All Male Water Stations!

For insurance purposes:

- Everyone participating must be a paid participant of the race wearing an official bib or they will be directed to leave the course.
- NO animals, rollerskates, roller skies, inline skates, bikes or carriages of any kind allowed to participate in the Chick-uamegon. For your own safety and for those around you, these are NOT allowed. If you are caught on course with any of these, you will be directed off the route.



Chick-uamegon 5K & 10k Run Registration Form

5K _____ 10K _____ Walk _____ Run _____

Total Enclosed \$ _____

Name _____ Telephone _____

Street _____ City _____ State/Zip _____

Female _____ Age _____ Date of Birth _____

Email Address _____

Do you have any medical conditions about which we should be aware?

Please specify: _____

Athlete's Release:

Warning: Participating in the Chick-uamegon Run/ Walk can be a serious threat to health of individuals who are not in excellent physical condition. For, and in consideration of, my participation in the Chick-uamegon 5k/10k Run, Walk— I myself, my executors, administration, heirs, and assignees do hereby release and discharge the , Ashland County, City of Ashland, Ashland Chamber of Commerce and all sponsors, agencies, subsidiaries, affiliates and beneficiaries jointly and severally and hold and waive harmless from and against any and all actions, claims, injuries, demands, liabilities, loss damage or expenses or whatever kind and nature including, but not to limit to, attorney fees which at any time may be incurred by reason of my participation in or my preparation for any of the afore said events. I attest and verify that I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to participate. If however, as a result of my participation in Chick-uamegon require medical attention, I hereby give my consent to authorized medical personnel of Chick-uamegon to provide such medical care as it is deemed necessary by such authorized personnel. The undersigned grant full permission to any and all foregoing use to his/her likeness, including photographs and videotape for publicity and advertising purposes without compensation.

Signature: _____ **Questions?? call 715-682-2500**

No refunds or transfers of entries •

Make checks payable Chick-uamegon 5k/10k Run/Walk

Mail to Chick-uamegon Bay 5k/10k P O Box 746, Ashland, WI 54806

5K \$ _____

10K \$ _____

Total \$ _____