



2018 Memorial Medical Center WhistleStop Marathon & Half-Marathon Aid Station Emergency Instructions

The Memorial Medical Center WhistleStop Marathon and Half-Marathon has a comprehensive emergency plan in place that will allow us to provide assistance to those runners in need. The plan includes the placement of paramedics at various points along the course. The emergency plan is also designed to be easy for you the volunteer to use.

- Each aid station will be using a cell phone to make contact with the med/headquarters tent.
- When you arrive at the aid station, set up phone and call the communications center to verify phone is working. The communications center should be operating by 8:00 a.m., call after then.
- If you are made aware of a runner who needs assistance:
 1. Find out as specific as possible the **nature** of the need, i.e. a turned ankle or a possible heart attack.
 2. Find out approximately **where** the runner is located. West-Iron River, East-Ashland.
 3. In the event of a **Life-Threatening Emergency, call 911**. Then phone into the communications center, 715-685-9090. If this number is busy, call 715-292-1715. Give the communications captain all the information you have gathered. **Leave your phone on so that the paramedics can reach you if needed.**
 4. For a non-life threatening emergency, call the communication center/medical tent at 715-685-9090.
 5. If your phone does not work for any reason, use your vehicle to go to the next aid station to the east of you (towards Ashland, see map).
- If a runner decides to drop out of the race at your aid station, make sure they are comfortable. See if anyone is going into Ashland to give them a ride. Otherwise, call the emergency number and we will dispatch a volunteer to pick them up.
- The aid station kits will have basic first aid supplies available for runners.

Emergency Number 1:
715-685-9090

If Number 1 Busy, Call:
715-292-1715